



Our Mission

Jack's Caregiver Coalition improves the way men think, feel, and act through every phase of their caregiving journey.

We Believe

America is in the midst of a caregiving crisis – but one group remains almost entirely invisible in the conversation: men. Although over 40% of non-professional family caregivers are men, few identify themselves that way. **78% of men caring for a spouse report having no help from others.** 75% of male caregivers have full time jobs. Men are also less socialized for caregiving, having grown up in a culture that praises stoicism and productivity over vulnerability and community. As a result, millions of men shoulder the same emotional and logistical burdens of caregiving that women do, but do it alone, quietly, and without the support networks that others count on.

We Offer

Jack's is the **first and only** caregiver support community built specifically around the needs of men. We help men who care for others feel seen, supported, and connected – turning isolation into belonging and caregiving into an act of courage, not quiet endurance. Because of donor support there are no paywalls for our one-on-one coaching and highly structured discussion groups we call Klatches.

We strengthen men who are actively caregiving, those who are actively losing a loved one, and those who have already lost their person. We're not counselors, therapists, or clinicians – we are experienced caregivers ourselves.

Our Impact In Action

97% of the **men who engage with Jack's report an average 80% improvement in how equipped they feel for their caregiving role.** Many men don't even realize they are caregivers. Without that recognition, the role quietly impacts nearly every aspect of their lives. After naming their role, they begin advocating for themselves in their jobs, their relationships, and their communities.

Men strengthened by our community have a sense of despair replaced by a sense of belonging and purpose. Strong men with a sense of purpose ripple outward, improving family dynamics, strengthening neighborhoods, and giving back as mentors and leaders.

Learn more at jackscaregiverco.org