

You've probably realized by now that this caregiver thing can be an uphill climb, and that it can be pretty lonely, too. That's where Jack's caregiver Coalition comes in. It was created by guys for caregivers. We do a lot of super helpful things that aren't at all cringe worthy, we promise. So give us a try.

Visit us jackscaregiverco.org or email us at contactus@jackscaregiverco.org and let's see how we can help.



"Jack's gave me the sense that it can be done, you just have to learn how to do it. It was helpful to me, and I regret that I didn't reach out sooner." - Jake

WHO WE SERVE

Anyone 18 or older who has cared for a loved one facing a health crisis.

This includes anyone who has lost their loved one as well as anyone who is currently experiencing a health crisis with a loved one.

Most of those health journeys are cancer-related, but all conditions are welcome.

While the purpose of our work is centered on guy caregivers (anyone identifying as a guy), we also offer a variety of co-ed opportunities.



OUR LEADERSHIP TEAM

Jack's Mission

Jack's Caregiver Coalition improves the way men think, feel, and act through every phase of their caregiving journey.

What Jack's Believes

America is in a caregiving crisis, and men are often invisible in it. Many men are caring for loved ones while working full-time, shaped by a culture that values stoicism over vulnerability. Too often, they carry the emotional and logistical weight of caregiving alone—without support or community.

What Jack's Offers

Jack's is the **first and only** caregiver support community built specifically for men. We turn isolation into connection through free one-on-one support and structured peer groups. We support men who are caregiving or grieving—led by caregivers, not clinicians.

Jack's Impact

97% of the men who engage with Jack's report an average **80%** improvement in how equipped they feel for their caregiving role.



78%

of guy caregivers
report having no help
from others.

97%

of guys we've served
reported that Jack's
contributed to their
sense of improvement
as a caregiver.

JACK'S PROGRAMS

Help! I'm a Caregiver!

A quick, easy-to-digest program for new caregivers. Learn the essentials and discover resources to make life easier for you and your loved ones.

Jack-to-Jack

A quick, easy-to-digest program for new caregivers. Learn the essentials and discover resources to make life easier for you and your loved ones.

Klatches

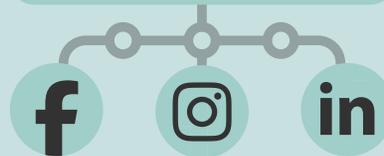
Not your ordinary support group. Guided by skilled peers, Klatches offer structured discussions, camaraderie, and practical advice—helping men feel validated, supported, and restored.



Visit jackscaregiverco.org
today and find support.

Like, share, and follow us!

jackscaregiverco



Jack's is a registered 501c3@ 2026

Welcome
to the not so secret club
for caregivers

