






caregiver KLATCH

What the heck is a Klatch anyway?!

It's our only coed program! We don't call it a "support group" because our Klatches are way better than taking turns talking about your feelings. We're caregivers serving caregivers...because YOU need support, too.

Caregiver Klatch

- 1 Brainstorm** 
What do YOU want to talk about?
- 2 Pitch** 
Explain your topics in 1-2 sentences.
- 3 Prioritize** 
Vote on 2-3 topics to discuss.
- 4 Manage conversation flow** 
Vote to keep discussing after 8 minutes.
- 5 Lock in the learning** 
Reflect on our key takeaways.

*Join us
for our next
Klatch!*

Upcoming Klatch Dates:

March 1st, April 5th, May 3rd, June 7th

Common Roots Cafe

2558 Lyndale Ave S, Minneapolis, MN 55405

Food and drink will be provided

Limited space, please RSVP: contactus@jackscaregiverco.org

If you don't want to talk, come to just listen, have a beverage and some good eats.



www.jackscaregiverco.org